

Jeffrey S. Meyers, M.D., L.Ac.

Bio

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Jeffrey “KD” Meyers, M.D., L.Ac., F.A.A.P.M.R. is a board-certified physician, acupuncturist, and educator with an extensive background in rehabilitation medicine, and holistic/evolutionary biological approaches to medicine, the arts, and spirituality. He received his undergraduate degree from the University of Pennsylvania and his Doctorate in Medicine (M.D.) from the University of Colorado School of Medicine. He received his post-graduate specialty training in Physical Medicine and Rehabilitation at the Hospital of the University of Pennsylvania. He is a Diplomate of the American Board of Physical Medicine and Rehabilitation, a Fellow of the American Academy of Physical Medicine and Rehabilitation, a Fellow of the College of Physicians of Philadelphia, and a member of the Waring-Eiseman Society for Humanities in Medicine. He has a private rehabilitation medicine practice in Wilmington, Delaware. For the past 25 years he has led seminars and classes that explore the interrelationship of biology and consciousness to the arts, sciences, and spirituality.

“KD” Jeff Meyers, M.D., L.Ac., is a physician, acupuncturist, and educator with an extensive background in rehabilitation medicine and holistic approaches to medicine, the arts, and spirituality. He received his Doctor of Medicine from the University of Colorado School of Medicine. He completed his post-doctoral residency training in Physical Medicine and Rehabilitation at the University of Pennsylvania and has practiced Western and integrative medicine for over 25 years. Dr. Meyers’s medical practice specializes in musculoskeletal medicine and pain management, and he has led a multi-disciplinary team focused on integrative approaches to pain management. He teaches internationally on topics related to rehabilitation medicine, yoga/Ayurveda, acupuncture, somatotypology/constitutional diagnosis/body reading, meditation, and somatic practices, and has expertise in the relationship of archetypes and music to expanded consciousness. He received a Certificate in Psychedelic Therapies and Research from the California Institute of Integral Studies (CIIS) where he is also part of the staff, and completed ketamine-assisted psychotherapy training. For the past 25 years he has led seminars and classes that explore the interrelationship of biology and consciousness to the arts, sciences, and spirituality.

Jeff “KD” Meyers, M.D., L. Ac. is a physician, acupuncturist, yoga teacher, and artist with an extensive background in holistic approaches to healing, the arts, and spirituality. His path as a healer and artist began in the 1980’s as a student of holistic medicine and spirituality in Colorado and New Mexico. He received his Doctor of Medicine degree from the University of Colorado School of Medicine and has practiced Western and Integrative medicine for over 20 years. He was

co-director of Dharma Mittra's "Life of a Yogi" Teacher Training. He received a Certificate in Psychedelic Therapies and Research from the California Institute of Integral Studies, where he is also part of the staff, and has completed training in ketamine-assisted psychotherapy.